

How much food can you get for \$25?!?

About Angel Food Ministries

Angel Food Ministries, a non-profit, non-denominational organization, began in 1994 as a small outreach ministry serving a rural community in Georgia. The goal was to help neighbors who needed a hand up in a tough economic time. Today, Angel Food Ministries can be found in over 3,200 communities in 34 states and helps feed over 500,000 families a month.

Angel Food partners with churches and community organizations throughout the country to help distribute food to those in need. These host sites include 86 in Kentucky, 3 in Maryland, 233 in North Carolina, 183 in South Carolina, 257 in Tennessee, 18 in Virginia, and 32 in West Virginia.

Our Food Boxes

Angel Food is available in a quantity that can fit into a medium-sized box at \$25 per unit (\$28 in Tennessee, due to transportation costs). Each month's menu is different than the previous month and consists of both fresh and frozen items with an average retail value of approximately \$50.

Generally, one unit of food assists in feeding a family of four for about one week or a

single senior citizen for almost a month. The food is all the same high quality one could purchase at a grocery store. There are no second-hand items, no damaged or outdated goods, no dented cans without labels, no day-old breads and no produce that is almost too ripe.

Also offered are specialty boxes such as steaks, chicken, and pork. Many participants in this bonus program appreciate the expanded choices. Additionally, there is no limit to the number of units or bonus foods an individual can receive, and there are no applications to complete or qualifications to which participants must adhere. Angel Food Ministries also participates in the U.S. Food Stamp program, using the Off-Line Food Stamp Voucher system.

How the Program Works

Orders and distribution are handled by host sites. Orders are collected by the host sites during the first part of each month. Typically, recipients must pre-pay for orders. These orders are then turned in to the Angel Food main office on



Angel Food Ministries' mission is to help relieve hunger throughout the United States.

a predetermined date. Several days later, in the same month, the host site either picks up the food from Angel Food's warehouse to fill the orders on Distribution Day or, because this ministry is growing nationwide, food is delivered to the host site by a pre-arranged delivery mode.

SEE Angel Food Ministries, PAGE 2.

Inside this issue:

SRP & YRP Updates	2
CAHEC Awards	3
CP Reminders	3
New CP Specialist	4

2006-2007 YRP & SRP trips

As both the Youth Recognition and Senior Recognition Programs draw to a close for the 2006-2007 year, we want to give everyone an update about the trips that have taken place this year.

For the SRP, thirteen sites attended trips, with a total of 144 residents participating. One group visited the Amish Country in Pennsylvania. Three different groups went to Myrtle Beach, SC and attended various shows. Two groups went to the Smokey Mountains in North Carolina and visited many attractions. One group went to Washington, DC, and toured the White House. Two groups went to the Gatlinburg, TN, area and attended shows and attractions. Two groups did three sets of day-trips to such places as the Carolina Opry, the Duplin Winery, the Catawba Fish Camp, and the

Cape Fear River Boat. Two groups even went on a two-day cruise to the Bahamas. One group is still working out the final details of their trip.

For the YRP, 7 sites attended trips, with a total of 81 students participating. Three groups went to Myrtle Beach, with all three enjoying a variety of experiences (shows, theme parks, group activities, etc.). One group went to Cherokee, NC, and attended many cultural events. One group went to Splash Country and Dollywood in Tennessee. Another group went to Six Flags outside of Atlanta. And the final group went to Hershey Park in Pennsylvania.

As a reminder, the Senior Recognition Program promotes an active quality of life for residents at CAHEC elderly sites by encouraging their participa-

tion in events, activities and volunteer opportunities. Participating residents who attend 100 hours of on and off-site activities each year receive the overnight trip at CAHEC's expense.

The Youth Recognition Program encourages academic achievement and positive behaviors among student residents in grades three through twelve. Upon successful completion of the program requirements, participating students are eligible to receive "Dollars for A's" as well as attend the overnight trip.

If you are interested in coordinating the SRP or YRP at your site for the 2007-2008 year, please note the deadlines in the "Program Reminders" section of this newsletter. Call Katherine at 919-532-1792 with any questions.

For \$25.00* you can receive a box of food containing both fresh and frozen items. Our food items are first quality. No seconds or out-of-date items.

Angel Food Ministries...continued from PAGE 1

Sample Menu

- (4) 5 oz Ribeye Steaks
- (1) 3 lbs Breaded Frying Chicken
- (1) 2 lbs Salisbury Steak Entrée w/ Gravy
- (1) 24.5 oz Supreme Pizza
- (1) 2 lb Chicken Chunks
- (1) 24 oz Pork Roast
- (1) 16 oz Chicken Breast Fajitas
- (1) 12 ct Corn Tortilla
- (1) 15 oz Pork & Beans
- (1) 16 oz Fresh Carrots
- (1) 24 oz Home-style Hashbrowns
- (1) 16 oz Corn
- (1) 16 oz Bean Soup Mix
- (1) 5.5 oz Pancake Mix
- (1) 7.5 oz Mac & Cheese
- (1) 7 oz Lasagna Dinner
- (1) Dessert Item

All this for the low cost of just.....\$25.00!

****One or More Specials Available Only with the Purchase of a Regular Box****

SPECIAL #1

- Meat Combo Box \$18.00
- (4) 8 oz T-Bones
- (1) 2 lb Ribeye Roast

SPECIAL #2

- Strip Steak Special \$18.00
- (4) 8 oz K.C. Strip Steaks
- (4) 8 oz New York Strip Steaks

SPECIAL #3**

- Family Convenience Meal \$18.00
- Five Delicious Individual Dinner Entrees with 2 sides per meal:
- Cheese Manicotti
- Macaroni & Beef
- Beef Pattie & Gravy
- Chicken & Noodle
- Chicken Breast & Mushroom Sauce

****Includes five breads, five milks, ten margarine cups, and five desserts**

Contact Information

**Angel Food Ministries
1620 South Broad Street
Monroe, Georgia 30655
1-770-267-7015
1-888-819-3745
Fax: 1-770-267-8031**

**Or call our
Angel Food
hotline at
1-877-FOOD-MINISTRY
for answers anytime!**

SEARCH for local sites online by city, state, or zip code:
AngelFoodMinistries.com

2007 CAHEC Awards

Each year at our annual Partners Conference, CAHEC confers several awards to partners we wish to recognize for their outstanding contributions to affordable rental housing as well as individuals who distinguish themselves by participating in Community Programs. This year's awards went to the following recipients:



Lifetime Achievement
Scott Redinger



Excellence in Property Management
Woda Management and Real Estate, LLC



Outstanding Community Programs Participant
Residents of Windsor Springs Apartments



Development of the Year
The Griffin Apartments, Asheville, North Carolina



Best Family Development
Grand Oaks Apartments, Chester, Virginia

Program Reminders

Deadlines

Don't forget that the RWC, TLC and CGP all have deadlines. For the RWC and TLC, we must receive your applications by one year from the property's placed in service date. For the CGP, you have one year from the fully qualified date to submit an application. All ASP applications must be received within two weeks of the drop/add date for the respective school. Any applica-

tion received after the deadline will be denied.

Changes

Beginning with fund CEF XIII, the RWC and CGP for all new projects will be based on the amount of net equity invested. For projects with a net equity of less than \$3M, the CGP will be limited to \$3K and the RWC will be allotted one piece of cardio equipment. For projects with more than \$3M net equity, the CGP will remain \$5K and

the RWC will continue to be allotted two pieces of cardio equipment.

Obligations

If you want to participate, we need all of your paperwork for the 2007-2008 YRP or SRP immediately. Any incomplete YRP applications will be denied after October 15. Incomplete SRP applications will be denied after October 31. Please get those applications in!

CAHEC

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CAHEC's mission is to raise and invest equity capital in qualified affordable rental housing developments through the use of low income housing tax credits, to empower residents in developments CAHEC helps finance, and to promote homeownership.

New Community Programs Specialist: BJ Aungst

CAHEC is proud to welcome BJ Aungst as the newest addition to our Community Programs staff. BJ joined CAHEC in July of this year as the Community Programs Specialist.

Prior to working at CAHEC, BJ spent twelve years in the travel industry, six of which were spent as an agency manager in Burlington, NC. She graduated in 1994 from King's College in Charlotte, NC, with a degree in travel and hospitality. Her other work experience includes public relations and administrative support.

BJ's hobbies include water-skiing in the summer and snow-skiing in the winter.

This past July, she placed 1st in tricks and 3rd overall at the United States Hydrofoil Nationals. The hydrofoil is a type of ski where the rider sits in a chair and uses abdominal muscles to control the single ski.

At CAHEC, BJ's first priority is to process all Community Programs applications. Part of this process can be making arrangements for delivery of goods, handling special orders, working with vendors to ensure quality of products and services, etc.

As some of you already know, another of BJ's responsibilities is working with sites to arrange the YRP and SRP rec-

ognition trips. Many thanks to BJ for helping to make the SRP trips so successful this year! We couldn't have done it without her.

If you have questions about Community Programs or want to submit an application, please contact BJ at 919-788-1805 or baungst@cahec.com.

