

Updates (the Boring Part)

Writing Workshops

CAHEC is excited to continue our partnership with the North Carolina Writers Network in 2009. For those of you who haven't participated before, we host a two-hour workshop at your site with a North Carolina writer. We supply donuts, coffee and supplies...you supply the participants. It's entirely free of charge and a great way to get your residents involved! Please let us know if you'd like to be a host site in 2009.

Website Pages

Please be reminded that all of our up-to-date forms can be found on the CAHEC website at www.cahec.com/programs. These include guidelines, applications, posters, check requests, etc. If you have any questions about our programs, check the website first. And please use only these forms when applying for programs!

YRP

We're thrilled to announce an exciting change to our Youth Recognition Program! Beginning with the 2008-2009 year, all groups suc-

cessfully completing the program will attend one big trip together!

Right now the plan is to hire two separate buses, with four different pick-ups, and take all of the kids to Atlanta, Georgia. We'll spend one day at the Georgia Aquarium, one day at Six Flags Over Georgia, and two nights in Atlanta.

We'll probably go in early August, but look for more details as we near the end of the school year.

SRP

Because our Senior Recognition Program caters to an older population, we've decided to begin offering an alternative to the end-of-the-year recognition trip.

This year, if your site is unable or unwilling to travel, we will allow you to host an onsite recognition event. Since it's our first time, we won't put many limitations on how you can celebrate. In fact, we're counting on you to come up with clever ideas we can recommend to other sites next year.

We're pretty excited about this change and hope it will allow more sites to participate fully in the SRP!

Deadline!

Everyone hates to be the bad guy, but it's a small part of my responsibilities here at CAHEC so here we go...

Any Adult Scholarship application that is not correct and complete in our office by the deadline will be denied. The deadline is two weeks after each respective school's drop/add date. Many schools do not accept financial aid after this date. Please remind your residents of this deadline!

Call Katherine with all questions: 919-532-1792.

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Forget the Jones'...Try Keeping Up with Ms. Watson!

One requirement of CAHEC's Senior Recognition Program is one hundred hours of activities. Sounds like a lot of time, doesn't it? Many people hear this sentence and wonder, "How am I going to find the time to come up with one hundred hours?"

It is easier than you may imagine. An hour spent running errands for your neighbor, the hour spent at bible study, the hour spent cooking for the pot luck dinner, and let's not forget the time spent at the resident meetings. All of these activities count toward the 100 hour requirement.

Let me dazzle you with the hours donated for this year's SRP. With 123 participants completing the program, the minimum hours donated should be 12,300. Not **OUR** seniors!! They came together and donated a total of 22,397 hours! We had eleven seniors donate in excess of 300 hours. Of those eleven, four donated over 500 hours apiece!

We would like to recognize Ms. Felecia Watson as an outstanding example of community participation. She is a resident at Cashie Apartments in

Windsor, NC. Rather than being satisfied with 100, Ms. Watson completed a total of 672 hours of activities. Not only is this an accomplishment in itself, but what adds to the achievement is that Ms. Watson is confined to a wheelchair.

"Ms. Watson is one of the most active, vibrant, and motivated people I know. She never misses an onsite activity, and she is always there to offer her assistance. She is always busy arranging birthday parties and bringing rents to the office for her neighbors," states Emily Young, site manager for Cashie Apartments.

Ms. Watson can often be found riding between Cashie and Martin Community College. She rides that wheelchair back and forth in all kinds of weather to attend her classes. Recently, her class was invited to attend the Windsor's Black History Month celebration, which she thoroughly enjoyed.

Ms. Watson also donates her time with friends and neighbors who have taken ill and are at the Brian Center. She makes sure to visit and spend time talking about everything going on at home.

I had the pleasure of meeting Ms. Watson at the North Carolina Writers Network Workshop CAHEC hosted at Cashie Apartments this summer. She was the first to arrive and last to leave and was eager to participate throughout.

Emily sums it up best; "Felecia's energy just amazes me, but my favorite thing about her would be her smile. Felecia's joyful spirit has an impact on everyone in our complex. Cashie Apartments is grateful to have her as a tenant and I just hope we can continue to keep up with her."



Ms. Felecia Watson



Art Contest Winner!

We'd like to thank all of our contestants who submitted artwork for CAHEC's first annual holiday card contest! There were a total of fourteen entries, ranging from pen and ink to colored pencils to construction paper cutouts; and our contestants ranged in age from ten to 72. As you can imagine, it was very hard to choose our winner. We finally narrowed our decision down to three finalists: Randie Harris, Laura Clarkson, and Becky Loundsberry. After much deliberation, we decided on the entry from Randie Harris of Autumn Trace Apartments in Raleigh, NC. Randie's winning entry, "Christmas Candle", is pictured to the left. If you'd like to participate in next year's contest, keep your eyes open for an announcement to come out in October 2009!

Best Brownies EVER!

Last year BJ and I were at a writing workshop at Highland Park Mill in Rock Hill, South Carolina, when Annie and Jack Owens were kind enough to invite us to their apartment for brownies and tea.

Don't tell my mother, but Annie's brownies were the best I'd ever tasted! When we decided to ask if she would share them with you, she enthusiastically agreed. I think I'll bake some for my mom for the holidays this year...

Brownies by Annie Laura Owens

Highland Park Mill, Rock Hill, SC

Ingredients

½ cup butter, softened
 1 cup light brown sugar
 1 egg
 1 cup sour cream
 1 teaspoon vanilla or almond flavoring
 ½ cup unsweetened cocoa powder
 ½ teaspoon baking soda
 ¼ teaspoon salt
 2 cups all-purpose flour
 1 cup (6 oz.) semi sweet chocolate chips
 Walnuts, pecans or almonds, if you like
 Powdered sugar or chocolate bars

Directions

Heat oven to 350. Butter a 13 x 9 inch pan. Cream butter and brown sugar together until blended; add egg, sour cream and vanilla. Beat until light. Add cocoa, baking soda and salt. Beat until smooth. Blend in flour until well mixed. Stir in chocolate chips and nuts and pour into pan. Bake 25 to 30 min. or until center springs back when touched. Cool and sprinkle powdered sugar on top or melt a couple of chocolate bars and spread on top. Cut into brownies.

We would love to begin including bits of resident life in our bi-annual newsletter. Stories, poems, artwork, photos of onsite activities, recipes, advice...anything is welcome. Just send your submissions to:

CAHEC
 Attn: CP Newsletter
 7700 Falls of Neuse RD
 Suite 200
 Raleigh, NC 27615

In Memoriam

On Sunday, October 12, we lost a precious member of Thorne Ridge Apartments' Youth Recognition Program to cancer. Myishelle Brown was a youth participant in the program from 2002 through 2007. When she graduated from high school in 2007, she volunteered to be a first year Mentor. She was an energetic and caring young woman who contributed to the needs of others. Her experience in both aspects of the program allowed Myishelle to have a special bond with the students as well as with the other mentors. Her bright smile, warm and open personality will be greatly missed by her many friends.

In Loving Memory of

Myishelle Brown

December 11, 1988 - October 12, 2008

Thorne Ridge Apartments



CAHEC

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CAHEC's mission is to raise and invest equity capital in qualified low-income housing tax credit projects and other tax credit products and to provide capital through a series of Community Investments that (i) empower residents, (ii) promote the development of affordable rental and ownership housing, and (iii) foster sustainability within the communities we serve.

Take a look at these photos from this year's YRP and SRP Recognition trips!

Who is *that* handsome man?



This looks like FUN!