

CONSENT AND RELEASE

- I, the undersigned, do hereby plan to attend the CAHEC-sponsored Senior Recognition Program trip, which is scheduled to take place from _____, 20____ to _____, 20____. I understand that there are inherent risks involved in travel and participation in recreational activities. I further understand that serious accidents and illnesses can and do occur while traveling and engaging in recreational activities and that participants occasionally sustain serious personal injuries and/or property damage as a consequence thereof.
- I individually assume the risks of travel and recreation and hereby agree to accept any and all risks of personal injury, property damage, or death. Specifically, in consideration for my participation in this program, I, individually and, hereby knowingly and voluntarily **RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT TO SUE CAHEC** and its affiliates and/or their officers, board members, agents, servants, employees and volunteers (collectively, “CAHEC”), including any persons supervising this program, from or for any and all liability, demands, claims, damages, or costs, known or unknown, arising out of (i) property loss or damage and (ii) injury or death while I am participating in this program.
- In further consideration of my participation in this program, I, hereby knowingly and voluntarily **AGREE TO INDEMNIFY AND HOLD HARMLESS CAHEC** and its affiliates and/or their officers, board members, agents, servants, employees and volunteers (collectively, “CAHEC”), including any persons supervising this program, from or for any and all liability, demands, claims, damages, or costs, known or unknown, arising out of (i) property loss or damage and (ii) injury or death while I am participating in this program.
- I grant CAHEC permission to use my photograph in its corporate publications and on its website. I understand that no personal identification (for example, name and address) will ever be included with the photo.
- I have carefully read this Consent and Release and fully understand its contents and intend by my signature below for this Consent and Release to be binding upon me, my spouse (if applicable), as well as our respective heirs, assigns, and personal representatives.

Signature of Participant

Print name

Date