

## FREQUENTLY ASKED QUESTIONS

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**Q: What is the purpose of the Senior Recognition Program (SRP)?**

A: To promote an active quality of life for senior residents.

**Q: Who can participate in the Senior Recognition Program?**

A: Any resident who is 55 or older, lives in a CAHEC property, and is in good standing is eligible to participate.

**Q: What do SRP members do?**

A: Participate in 100 hours of activities on-site or off-site, including one fundraiser and one social event with the SRP group.

**Q: I heard I can go on a trip if I complete 100 hours of activities. Is that true?**

A: Yes, it's true! CAHEC will sponsor a trip in recognition of all SRP members who complete the program requirements. CAHEC will cover all costs associated with travel, meals, lodging, and attractions. CAHEC is not responsible for any shopping or souvenirs!

**Q: What's this I hear about an onsite event instead of a trip?**

A: Some sites have expressed an interest in hosting a big onsite event instead of traveling. CAHEC will allow sites to choose this option at the end of the program year and cover all costs associated with the event!

**Q: What activities count towards the 100 hours?**

A: Site-sponsored activities/events, supportive services activities/event, community or volunteer-activities/events (*See "Eligible Activities and Events" for a complete listing*)

**Q: When can I complete my activity hours?**

A: Hours must be completed between May 15 and March 15.

**Q: How do I keep track of my hours?**

A: It's easy. Log your time on the "Resident Activity Form" each time you complete activity hours. The forms are kept in a notebook maintained by the SRP Coordinator/Community Programs Representative.

**Q: What if I complete some of my hours off-site?**

A: Simply carry an "Off-site Verification Form" to your off-site activity or event. Fill out the information and get a supervisor to sign off on your hours. Then, affix the verification form to your "Resident Activity Form".

**Q: What if I don't complete the 100 hours by the March 15 deadline?**

A: Unfortunately, you will lose the hours you have completed. Hours cannot be carried over to the next program year.

**Q: What is the trip destination this year?**

A: Please see your SRP Coordinator for trip information.

**Q: What happens to the money that we raise during the fundraiser?**

A: All money raised during the fundraiser is divided evenly among the SRP members and can be used as personal spending money during the recognition trip. If a site opts for the onsite event, money earned from the fundraiser should be used for the event.

**Q: How do I sign up to be a Senior Recognition Program member?**

A: Sign up with your SRP Coordinator in April. Participation is limited each year. Site applications will be accepted on a first-come, first-serve basis.

**Q: May I transfer my hours to someone else if I am unable to attend the trip or the onsite event?**

A: In order to remain fair to all participants, we cannot allow anyone to transfer hours.

**Q: May I bring someone on the trip with me?**

A: Due to liability issues and financial constraints, the only persons allowed to attend the trip are residents who have completed the program requirements and the SRP coordinator and/or site manager.

## **ELIGIBLE ACTIVITIES AND EVENTS**

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*The following list is meant to be a guide of eligible activities and/or events. It is not a comprehensive listing. Please see your SRP Coordinator to verify the eligibility of activities or events not included below.*

### **SITE-SPONSORED ACTIVITIES OR EVENTS**

Bingo night  
Picnics  
Cookouts  
Book Clubs  
Resident Council Meetings  
Arts & Crafts Events  
Holiday Parties  
Movie Nights  
Shopping Trips  
SRP Fundraiser Event  
SRP Social Event

### **SUPPORTIVE SERVICES ACTIVITIES OR EVENTS**

Computer Classes  
Health/Nutrition Workshops  
Fitness Classes  
Neighborhood Watch Meetings  
Writing Workshops

### **COMMUNITY ACTIVITIES OR VOLUNTEER SERVICE**

Faith-based Activities (i.e. church, bible study)  
Mentor Programs  
Tutor Programs  
Technology Learning Center Volunteer  
Musicals/Plays/Concerts  
Senior Center Activities

### **\*\*NON-ELIGIBLE ACTIVITIES\*\***

Babysitting  
Daily Tasks and/or Errands (trips to grocery store, beauty salon, doctor, etc.)

*Note: Daily tasks and/or errands completed in aid of a friend, neighbor, or family member are considered eligible activities.*