

## Affordable Housing & Food Insecurity

#### **Social Determinants of Health**

(Defined by the World Health Organization and adopted by the CDC)

#### Non-medical Factors that Influence Health Outcomes

Employment IncomeHousing TransportationLiteracy LanguageHunger Access to healthy optionsSocial integrationHealth coverageExpenses DebtSafety ParksEarly childhood educationSupport vocational trainingCommunity engagementProvider linguistic and cultural competencyMedical bills SupportWalkabilityHigher educationDiscriminationProvider linguistic and cultural competency	Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
	Income Expenses Debt Medical bills	Transportation Safety Parks Playgrounds Walkability Zip code /	Language  Early childhood education  Vocational training  Higher	Access to healthy	integration Support systems Community engagement Discrimination	coverage  Provider availability  Provider linguistic and cultural competency

#### **Health Outcomes**

Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations

### Feeding America is the Largest Hunger-Relief Organization in the U.S.

Last year the Feeding America network:



#### **HELPED**

tens of millions of people in America



#### **REACHED**

every county in the U.S.



#### **PROVIDED**

5.2 billion meals



#### **RESCUED**

3.6 billion pounds of groceries from going to waste

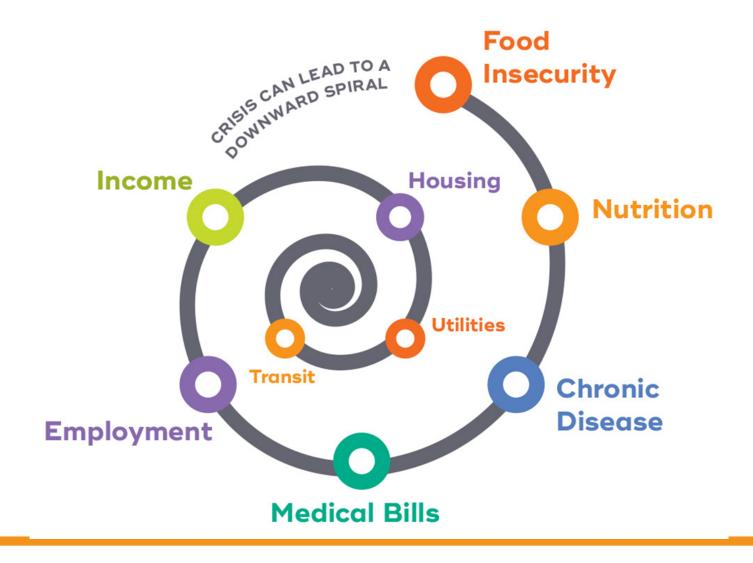


#### **ENABLED**

247 million meals through SNAP application assistance

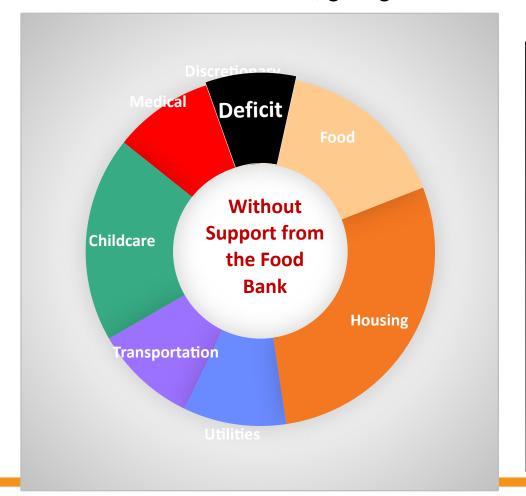


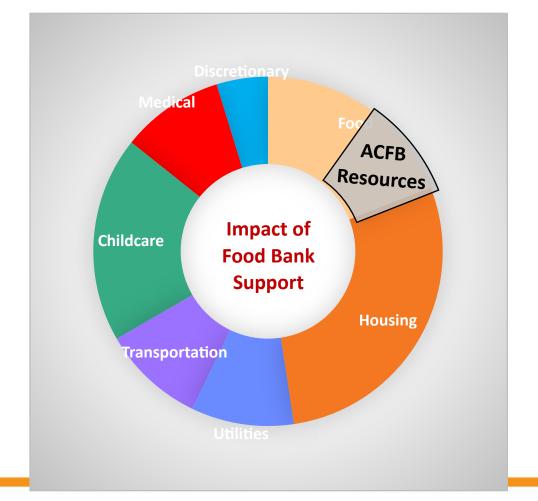
#### **Household Food Insecurity Spiral**



#### INCREASING ACCESS TO FOOD GIVES FAMILIES BANDWIDTH, BREATHING ROOM AND CHOICES

Food insecure families must play a shell game with resources to try to meet their basic needs. Food assistance has a material value, giving families more bandwidth to think about and invest in their future.





# Inflation Amplifies the Persistent Affordability Crisis

Even when inflation decreases, families will face tough choices between basic needs for the foreseeable future



**CHILD CARE** 

Increase in families' cost per hour over the past 15 years



**HOUSING** 

**MEDIAN HOME PRICE** 

2.2X AVERAGE ANNUAL INCOME IN 1950

AVERAGE ANNUAL INCOME IN 202



**HEALTH CARE** 

**NEARLY** 

Increase in out-of-pocket costs from 2011 to 2021



# Hunger in the Land of Plenty

"Even though I have insurance through my employer, the copays are frequently \$75 to \$250, and I skip appointments because it's a choice of eating or going to the doctor."

- Neighbor in Lake County, Florida

In 2021

34M people in the U.S. faced food insecurity.

that's

1 in every 10

individuals



## Debra Shoaf, CFO Atlanta Community Food Bank

debra.shoaf@acfb.org