

# Healthy Opportunities Pilot for WNC

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## Who We Are

***Impact Health is a dynamic start-up entity created by Dogwood Health Trust to lead Western North Carolina's participation in the State of North Carolina's Healthy Opportunities Pilot program for Medicaid.***



***Dogwood Health Trust is a Community Foundation established for the purpose of dramatically improving the health and wellbeing of all people and communities of Western North Carolina.***








# Network Lead: Impact Health

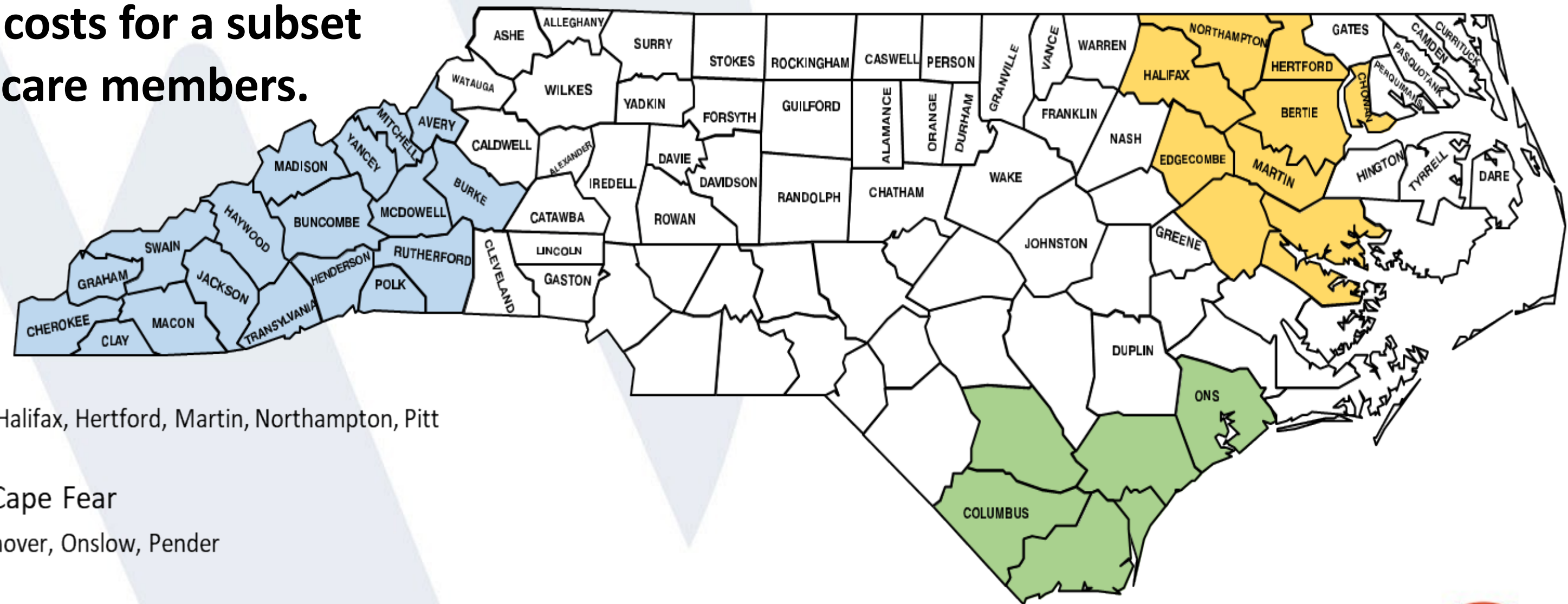
Through NC's 1115 waiver, CMS authorized up to \$650 million in Medicaid funding to test evidence-based, non-medical interventions designed to improve health outcomes and reduce healthcare costs for a subset of Medicaid managed care members.

Pilot funds will be used to:

- Cover the cost of federally-approved Pilot services
- Support capacity building to establish "Healthy Opportunities Networks" and strengthen the ability of human service organizations (HSOs) to deliver Pilot services

## Network Lead Regions

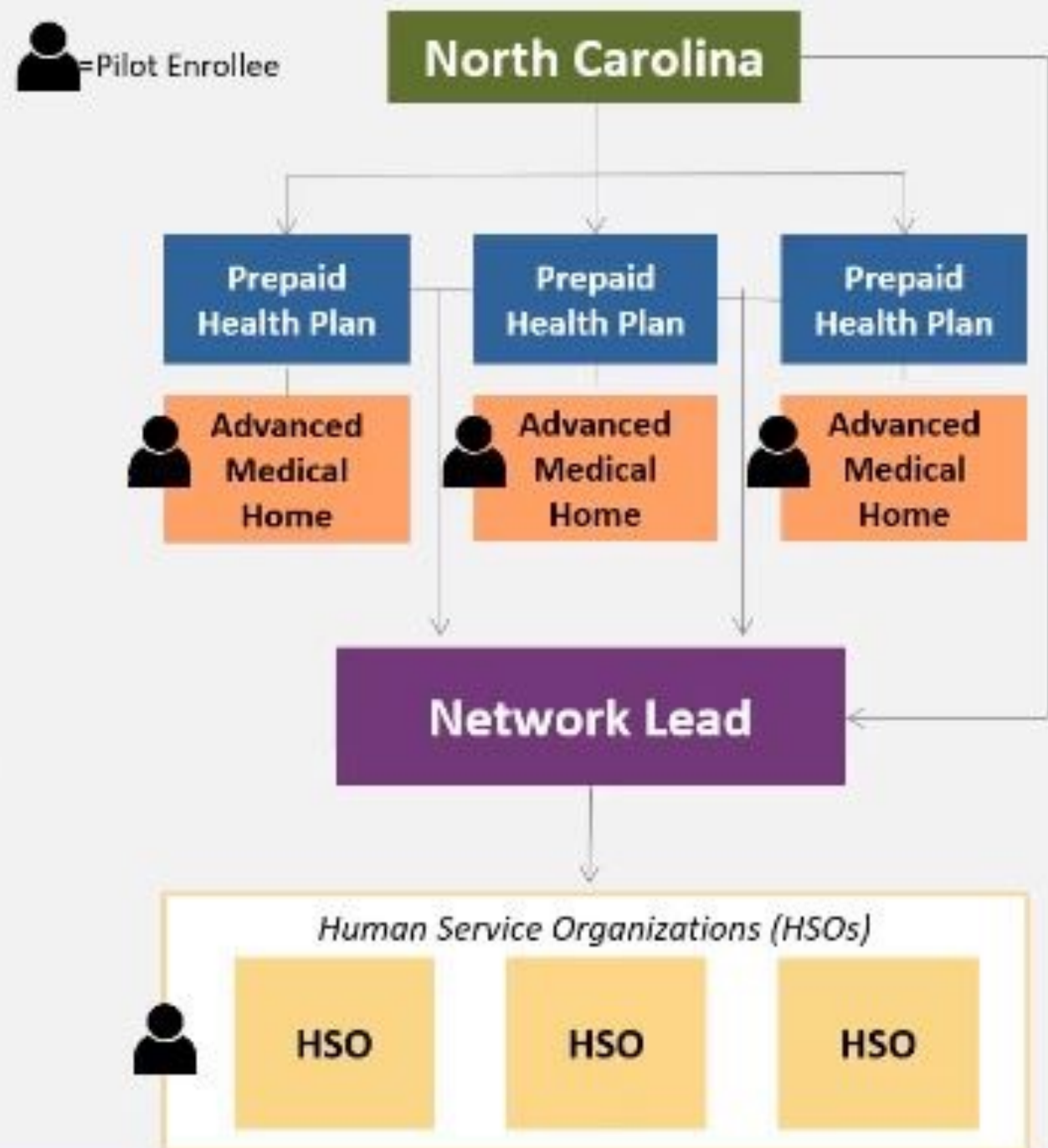
-  Access East, Inc.  
Beaufort, Bertie, Chowan, Edgecombe, Halifax, Hertford, Martin, Northampton, Pitt
-  Community Care of the Lower Cape Fear  
Bladen, Brunswick, Columbus, New Hanover, Onslow, Pender
-  Dogwood Health Trust  
Avery, Buncombe, Burke, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey





# Healthy Opportunities Pilots: How Do They Work?

## Sample Regional Pilot



## Key Entities' Roles in the Pilot

### Prepaid Health Plans:

- Approve which enrollees qualify for Pilot services and which services they qualify for
- Manage a Pilot budget and pay HSOs for delivery of Pilot services

### Care Managers:

- Interact directly with members to: assess for eligibility and needed services, refer to an HSO, manage coordination of Pilot services and track enrollee progress over time

### Network Leads:

- Develop and oversee a network of HSOs and provide ongoing technical assistance/support to HSO network
- Receive, track and validate invoices from HSOs and work with PHP to ensure payment

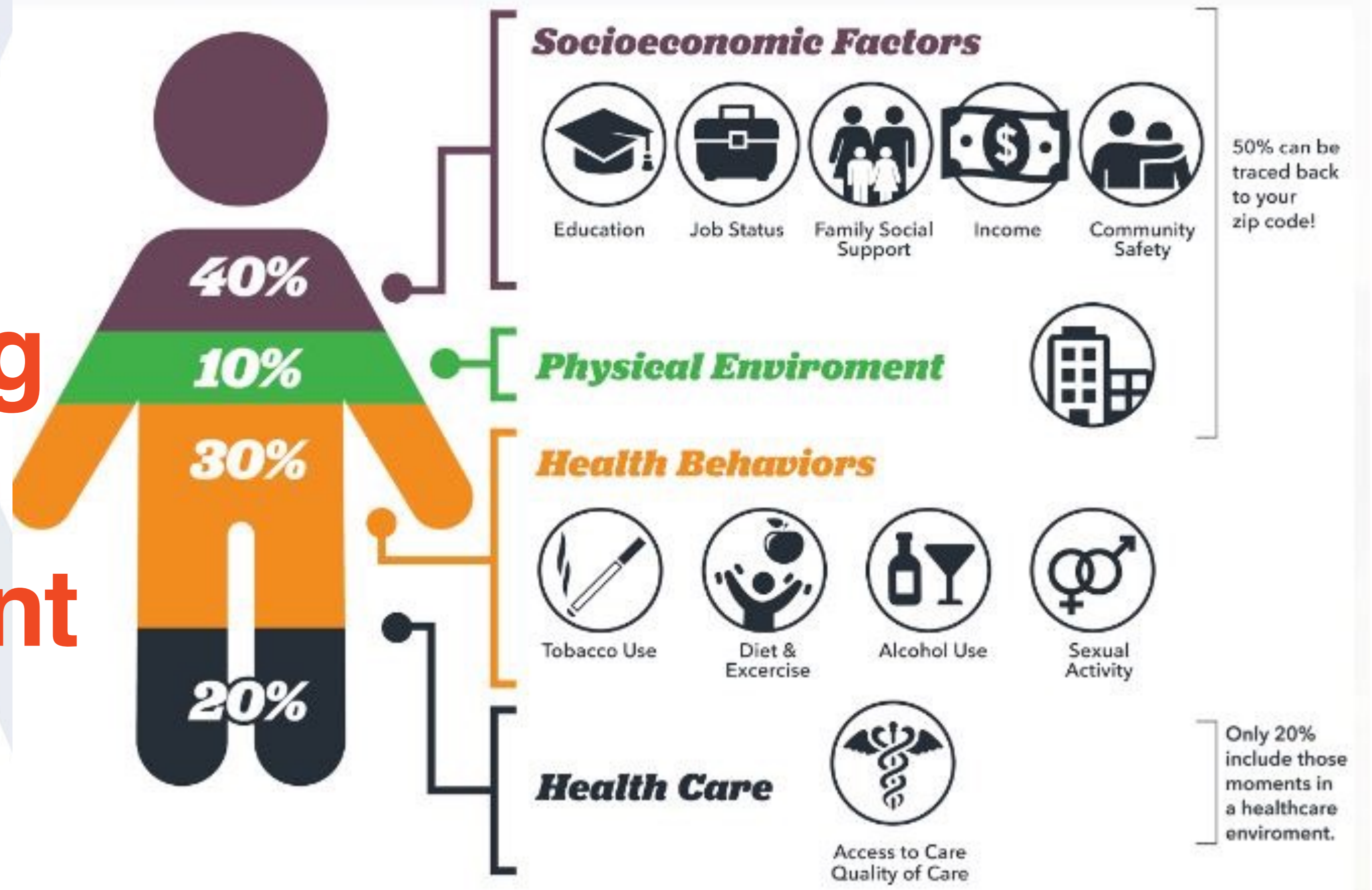
### Human Service Organizations:

- Deliver Pilot services, submit invoices and receive reimbursement for services delivered
- Support identification of potential Pilot-enrollees by connecting them to their PHP or Care Manager





# Addressing Social Determinants of Health

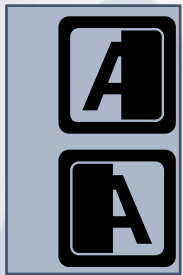


Source: Institute for Clinical Systems Improvement, Going Beyond Clinical Walls: Solving Complex Problems (October 2014)

# Services and Eligibility

Not all Medicaid enrollees will be eligible for the Healthy Opportunities Pilots.

To qualify for pilot services, Medicaid managed care enrollees in Standard Plans and Behavioral Health Tailored Plans must live in a Pilot Region - Tribal Plan and Foster Care (12/23):



At least one  
Physical/Behavioral  
Health Criteria:

(varies by population, examples below)

- **Adults** - 2 or more qualifying chronic
- **Pregnant Women** - history or poor birth outcomes
- **Children, ages 0-3** - neonatal intensive care graduate
- **Children, ages 0-20** – has 3 or more adverse childhood experiences



At least one  
Social Risk Factor:

- **Homeless and/or housing insecure**
- **Food insecure**
- **Transportation insecure**
- **At risk of, witnessing or experiencing interpersonal violence**

Domains:





# What are the Services Offered?

NC DHHS has defined and priced 29 services that can be covered by the Pilot. These services will be reimbursed via fee-for-service (FFS), per-member per-month (PMPM) payments, or cost-based reimbursement up to a cap and include:



## Housing

- Housing navigation, support and sustaining services
- Inspection for housing safety and quality
- Housing move-in support
- Essential utility set-up
- Home remediation services
- Home accessibility and safety modifications
- Healthy home goods
- One-time payment for security deposit and first month's rent
- Short-term post hospitalization housing



## Food

- Food and nutrition access case management
- Evidence-based group nutrition class
- Diabetes Prevention Program
- Fruit and vegetable prescription
- Healthy food box (pick-up or delivered)
- Healthy meal (pick-up or delivered)
- Medically Tailored Home Delivered Meal



## Transportation

- Reimbursement for health-related public or private transportation
- Transportation case management



## Interpersonal Safety

- Interpersonal safety case management
- Violence intervention services
- Evidence-based parenting curriculum
- Home visiting services
- Dyadic therapy



## Cross-Domain

- Holistic high-intensity enhanced case management
- Medical respite
- Linkages to health-related legal supports





# 2022 Snapshot



54

**organizations**

added to HSO  
Network



6,715

**HOP services**

for community  
members



\$6.8

**million**

HSO capacity building  
funds provided



194

**full- & part-time**

HSO jobs supported



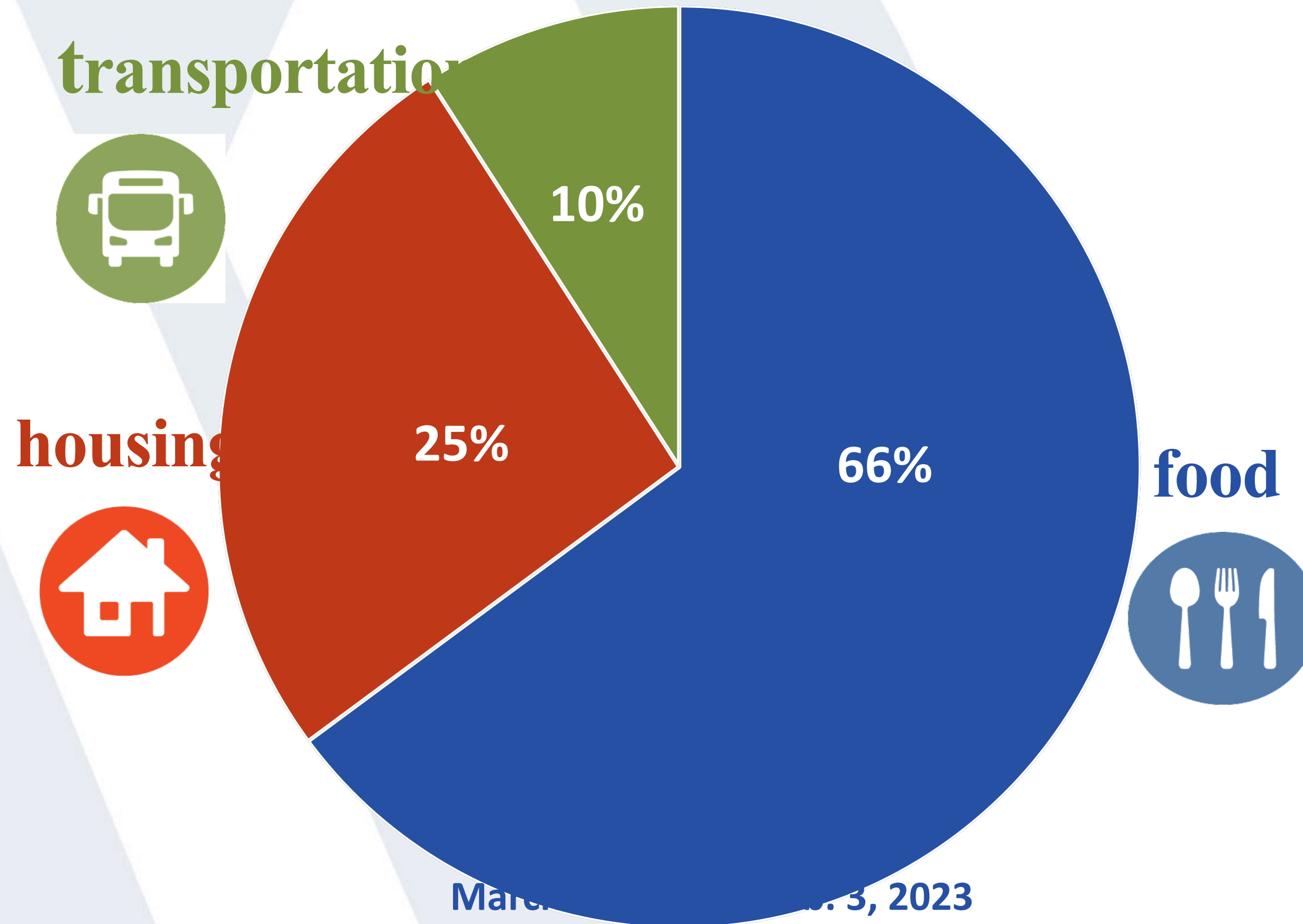
\$1 million

**reimbursement**

income distributed to HSOs



# HOP Referrals by Domain



Learn more at:

[impacthealth.org](https://impacthealth.org)

